

Delano High School

Parent E-Newsletter • Oct/Nov 2016

NEWS

**Show Up.
Show Up on Time.
Work Hard.
Failure is Not an Option.**

October Calendar

- 10 HS PIE Meeting 6 pm
- 12 HS Picture Retake Day
- 17 College Awareness Night 7 pm
DHS Media Center
- 20-21 MEA - **NO SCHOOL**
- 27 HS Band & Choir Concert 7 pm
- 28 HS End of 1st Quarter

November Calendar

- 3-4 HS Fall Play 7 pm
- 5 HS Fall Play 1 pm
- 7 Teacher Workshop Day
NO SCHOOL
- HS Math Meet
- 11 Veteran's Day Program 9:30 am
Tiger Activity Center
Everyone Welcome!
- 14 HS PIE Meeting 6 pm
- 23-25 Thanksgiving - **NO SCHOOL**
- 28 HS Math Meet
- College Financial Aid Information
Night for Parents/Students 7 pm
MS Auditorium

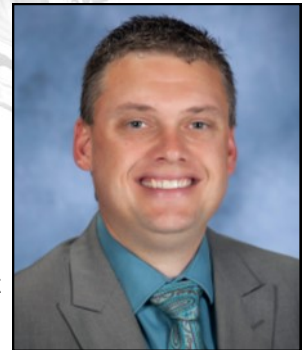


Homecoming Fun at DHS!

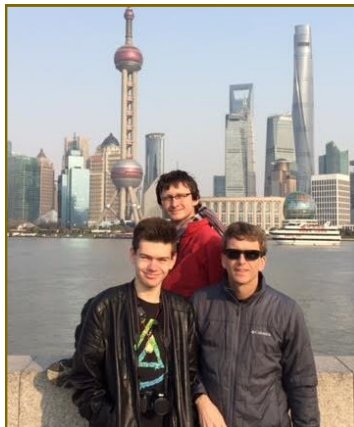


Greetings from Delano High School!

Wow, what a quick start to the school year. By the time you are reading this, we have already completed Homecoming, the Chinese visit, and fall conferences. There is no doubt that students are already well into their studies. When most people think about high school and learning, they think about book work or learning from inside the high school walls. Delano High School offers so much more to its students than just what happens inside and around our school.



Many of our students and families take part in our world language trips or the yearly China trip. This year alone, families have hosted Spanish students in the summer and Chinese students and teachers in the fall. In the spring of 2017, students will go to China, Spain and



Germany, all on separate trips. Mr. Fitzer is trying out a new type of Spanish trip where students will stay with a host family. This will allow a deeper understanding of culture and language because the students will experience day-to-day life with the family. The China and Germany trips are similar, but they participate in more sightseeing opportunities.

Another way students and families can get involved is by hosting a foreign exchange student. Students stay with families from 6 months to a full year. Hosting provides a way to become globally connected to another family. Many of our host families have kept in touch and continue to visit each other.

What is the educational advantage? During my five years here in Delano, I have seen many students decide to minor in a foreign language because of their experiences abroad. There have also been countless students who have majored or minored in international business because of their experiences as well. These trips help broaden a student's exploration of future areas of study.

If you are interested in any of these trips or future trips, please contact:

Mr. John Fitzer, Spanish Teacher
Ms. Jane Aksoy, German Teacher
Ms. Susan Farbo, Guidance Counselor
Dr. Steve Heil, Principal

john.fitzer@delanoschools.org
jane.aksoy@delanoschools.org
susan.farbo@delanoschools.org
steve.heil@delanoschools.org

We would be happy to help unlock the world for your student and family!

**- Dr. Steve Heil
Principal**



Delano High School Receives National Ranking

Newsweek, a premier weekly news magazine, recently announced the top schools in the 2016 High School Rankings. These rankings include a list of "America's Top High Schools" which identifies 500 public high schools nationwide that excel at preparing students for college as well as "Beating the Odds," a list of 500 public high schools doing an exceptional job of preparing students from disadvantaged backgrounds for college. Delano High School is ranked 369th, and one of only 17 schools in Minnesota listed in "America's Top High Schools."

Newsweek's "America's Top High Schools" identifies the top 500 schools by measuring factors including graduation rate, college enrollment rate, ACT and SAT scores and participation, full time counselor to student ratio, dropout rate, enrollment in college courses during high school, and test scores. Delano High School's ratings include a 75.3% rate for college readiness, 99.5% graduation rate and a 88.2% rate for students that are college bound. Jim Impoco, Editor-in-Chief of Newsweek stated, *"Newsweek's High School Rankings provide valuable insight into what public schools across the country are doing to prepare their students for college, which is a critical next step for graduating teens. Our analysis looks at a broad range of criteria and sheds light on schools that are setting the bar high for their students helping them to succeed."*

To view the full list of schools go to <http://www.newsweek.com/high-schools/americas-top-high-schools-2016>

October is National Bullying Prevention Month

National Bullying Prevention Month is a time for communities nationwide to unite and raise awareness of bullying prevention. For anyone who has experienced bullying, it can be a very devastating experience and in addition to being hurtful, bullying can leave people feeling frightened, angry and depressed. Whether you're a student or a parent, there are things you can do to help identify a bully and stop bullying.

What is bullying?

- Bullying is repeated aggressive behavior that can be physical, verbal, or relational. Boys frequently bully using physical threats and actions, while girls are more likely to engage in verbal or relationship bullying.
- The most damaging aspect of bullying is its repetition. Bullies are often relentless, bullying over and over again for long periods of time.
- There is a power imbalance between the bully and the victim.

What are some warning signs that a child or teen is being bullied?

- Withdrawal from friends & activities
- Physical complaints
- Worried, angry, moody
- Nightmares
- Declining schoolwork

What can I do if my child is being bullied?

- Talk to kids about bullying. Just talking about the problem can be a huge stress reliever for someone who's being bullied. Be supportive and listen to a child's feelings without judgment, criticism or blame.
- Find help for a child who is being bullied. Make sure the principal, counselor, social worker, and/or teachers know the child is being bullied.
- Help the bullied child avoid isolation. Kids with friends are better able to handle bullying. Find ways to increase their social circle (i.e. youth groups, athletics, clubs)

What can I do if my child is bullying others?

- Learn about your child's life. Sometimes bullying behaviors stem from friends who encourage the behavior or from struggling to fit in and develop relationships with other kids. Talk to your child. The more you understand about his or her life, the easier it will be able to identify the source of the problem.
- Educate your child about bullying. Your child may not understand how hurtful and damaging his or her behaviors can be. You can foster empathy and awareness by encouraging your child to look at his or her actions from the victim's point of view.
- Manage stress. Teach your child positive ways to manage stress (i.e. exercise, journal, talk with someone). Your child may be bullying others as a stress reliever.
- Set limits on technology. Let your child know you will be monitoring his or her use of computers, email and text messaging as cyberbullying is a very popular form of bullying.

For more information on bullying, visit www.helpguide.org/articles/abuse/dealing-with-bullying.htm

Tiger Pride at DHS

It has been a great start to the school year with the halls once again filled with our students. Homecoming week was an exciting time where our students showcased their passion, humor, energy, creativity and TIGER PRIDE. Thank you to everyone: staff, students, families, and our community who continue to make homecoming week a time of celebration. It embodies our school spirit and how lucky we all are to be a part of DHS. It is just one more example of what makes our building a truly special place.

At Delano High School we believe that every student has a success story! One of my goals is to partner with families to provide a welcoming school environment with high expectations, positive school behaviors and an environment that embraces student growth and our tiger core values. Family involvement is a critical part of our school success! I am grateful for our ongoing parent community support each year. Working together we will help every student realize his or her potential and create individual success stories. As we continue to move forward throughout the school year, please do not hesitate to contact me with any concerns, input, and/or to share a success story.

- **Mr. Shane Baughman**
Assistant Principal
763.972.3365, ext. 3022
shane.baughman@delanoschools.org



DHS is excited to welcome our new math teacher Carly Shouts. Carly is a 2010 graduate of Delano High School. She has taught mathematics at St. Thomas More High School in Milwaukee and St. Michael-Albertville Middle School East. We are very excited to have her on board!

Congrats to all the Homecoming Candidates!



**Queen Tori Hanson
& King Sam Voss**

Delano Theatre Department Presents...

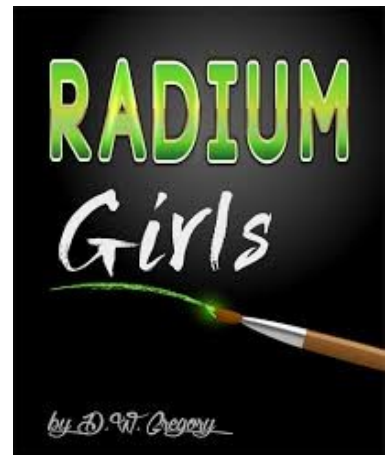
In 1926, radium was a miracle cure, Madame Curie was an international celebrity, and luminous watches were the latest rage until the girls who painted them began to fall ill with a mysterious disease. Inspired by a true story, *Radium Girls* traces the efforts of Grace Fryer, a dial painter, as she fights for her day in court. The *Radium Girls* saga holds an important place in history. The right of individual workers to sue for damages from corporations due to labor abuse was established as a result of this case and industrial safety standards were demonstrably enhanced for many decades.

The Delano High School theatrical department will capture your heart and educate you while portraying the story of the woman who challenged their employer after falling ill in a case that had a historical impact on society. You won't want to miss this compelling story!

Where: Delano Middle School Auditorium

When: Thursday, November 3 at 7 p.m.
Friday, November 4 at 7 p.m.
Saturday, November 5 at 1 p.m.

Tickets are \$5.00 and available at the door.





Volunteers: You Make a Difference!

Whether you have just a few hours a year or several a month, there is an opportunity to share your skills and interests. Volunteers are invaluable to the success of our students and make a positive impact on our school and community. Last year volunteers contributed more than 8,000 hours in a variety of roles, such as classroom helpers, site based committee members and chaperones. Not sure what role interests you? Take a look at the list below and you can find additional information/descriptions on the Delano Schools website.

For more information or to register as a volunteer, please visit www.delano.k12.mn.us/district/school-services/volun or call 763.972.3365, ext. 2333.

Volunteer Opportunities

Check the volunteer opportunities in which you are interested and return with your registration paperwork

Elementary School Opportunities

Battle of the Books _____
 Book Fair _____
 Classroom Helper _____
 Teacher/s name _____

 Coborn's Labels for Learning _____
 DI Team Manager _____
 Drama Assistant _____
 Elementary Art Show _____
 Elementary Office Helper _____
 ES Site Base Team _____
 Field Trips _____
 Hearing & Vision Screening _____
 Math Lab _____
 Media Center Helper _____
 Project Judge _____
 Publishing Center _____
 Science Fair _____
 Talent Development Assistants _____
 Volunteer On Call _____

PIE Volunteer Opportunities

APEX Fun Run _____
 Back to School Movie Night _____
 Box Tops for Education _____
 Dairy Queen Night _____
 Fall Fundraiser _____
 Fall Concession stand _____
 Family Fun Night _____
 Fish Fry _____
 Memory Book _____
 Spirit Wear Sales _____
 Teacher/Staff Appreciation _____
 Nov. _____ May _____
 Tiger Dash and 5K Run _____
 Tiger Fun Fair _____

Middle School Opportunities

After School Snack Program _____
 Battle of the Books _____
 Box Tops for Education _____
 Cafeteria Friendly Presence _____
 Campbell's Soup Labels _____
 Chaperoning Activities _____
 Classroom Helpers _____
 Cookie Dough Fundraiser _____
 DMS PIE _____
 DI Team Manager _____
 Drama Assistant _____
 Hearing & Vision Screening _____
 Lunch Server _____
 MS Year Book _____
 MS Site Base Team _____
 Project Judge _____
 Student Council Helper _____
 Talent Development Assistant _____
 Teacher/Staff Appreciation _____
 Use me as a resource _____
 e.g. (profession, hobbies, travel, languages)
 Volunteer On Call _____
 Winter Activity Day Registration _____

High School Opportunities

After School Snack Program _____
 Box Tops for Education _____
 Cafeteria Friendly Presence _____
 Coborn's Labels for Learning _____
 Commencement Day Help _____
 (Jr. Parents) _____
 DI Team Manager _____
 DHS PIE _____
 Drama Assistant _____
 Friendly Presence _____
 Hearing & Vision Screening (Gr. 10) _____
 HS Site Base Team _____
 Lunch Server _____
 Media Center Helper _____
 Motivational Speaker _____
 Prom Events Help _____
 Red Cross Blood Drive _____
 Talent Development Assistant _____
 Use me as a resource _____
 (eg. profession, hobbies, travel, languages)
 Volunteer On Call _____
 Youth As Resources Board Member _____



DES Outside Movie Night



Homecoming Concessions

What is DHS P.I.E.?

If you are unfamiliar with who we are, DHS P.I.E. (Delano High School Partners in Education) is a group of concerned district residents, mostly parents, who share the common goal of enhancing the educational and extracurricular experiences of Delano High School students. We hold a short business meeting the second Monday of the month to accomplish the following:

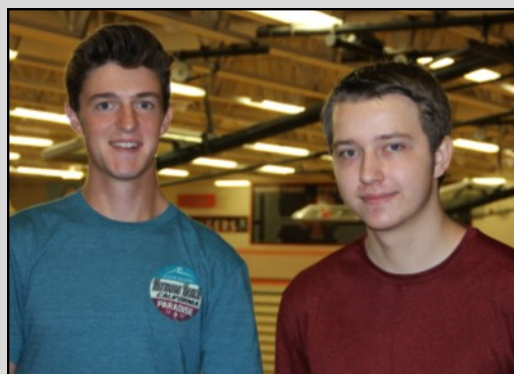
- Raise funds and award grants to DHS teachers for non-budgetary items
- Plan, fund and host the senior brunch
- Discuss issues of concern and often get the inside scoop from DHS Principal, Dr. Steve Heil, a regular meeting participant
- Share our experiences as high school parents

If you cannot attend our meetings but have an appreciation for our cause and would like to volunteer on an as-needed basis, consider sharing your contact information with us. We will call you when extra hands are needed. Our 2016-17 meeting dates are: October 10, November 14, December 12, January 9, February 13, March 13, April 10, May 8. **If you are interested in helping with a future opportunity or have interest in serving on the DHS P.I.E. committee throughout the year, please contact Ruth Clark at 763.972.5880 or via email at ruth.clark1031@gmail.com.**

Whether you have taken a hiatus from P.I.E., are new to the district, or just newly interested in our cause, we welcome you and want to include you in our efforts. Please check us out!

NMS Semifinalists & Commended Students Announced

DHS seniors Jack Weber and Seth Thoeke, pictured top right, have been chosen as 2017 Semifinalists in the National Merit Scholarship Program (NMSC). These academically talented students have an opportunity to continue in the competition for some 7,500 National Merit Scholarships worth nearly \$33 million that will be offered in the spring of 2017. From the approximately 16,000 Semifinalists, about 15,000 are expected to advance to the Finalist level. To become a Finalist, a Semifinalist must have an outstanding academic record throughout high school, be endorsed and recommended by the high school principal, write an essay and earn SAT scores that confirm the student's earlier performance on the qualifying Preliminary SAT/National Merit Scholarship Qualifying Test. National Merit Scholarship winners of 2017 will be announced in four nationwide news releases beginning in April and concluding in July 2017.



Alyssa Dunnigan, Tucker Sjomeling and Stephanie Almquist, pictured bottom right, received Letters of Commendation in recognition of their outstanding academic promise from the NMSC. Although Commended Students do not continue in the competition for National Merit Scholarships, some of these students do become candidates for Special Scholarships sponsored by corporations and businesses.



We hope that this recognition will contribute to the Delano High School students' educational opportunities. At DHS we continually encourage all students to strive to realize their academic potential.



This parent e-newsletter is published by Traci Lawman, District Communications Coordinator, 763.972.3365, x2111, traci.lawman@delanoschools.org. Delano High School resides at 700 Elm Avenue E., Delano, MN. To find out more information about our award winning high school join us on Facebook or go to our website at www.delano.k12.mn.us.