



# Tiger Territory

Delano High School Newsletter February/March 2018

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## Dates to remember

### February

19.....President's Day, no school  
24.....Tiger Fun Fair, 12-4 p.m.

### March

5.....HS Conferences  
9.....HS band concert 7 p.m.  
12...Spring sports season begins  
13.....HS PIE, 6 p.m.  
13.....District PIE, 7 p.m.  
16.....End of HS Quarter 3  
30.....Spring break, no school

### April

2.....Spring break, no school  
9.....Jazz festival  
10.....SciTech Showcase  
12-14.....Spring musical  
21.....Prom



## Curling for gold

DHS students competed in a modified form of curling as part of the WinterFest Olympics on Thursday, Feb. 15. Here, the senior team prepares for a shot. More information and photos from the event are included inside this newsletter.

## 'Vaping' a growing concern

By Delano Public  
Schools Staff

Delano High School and Delano Middle School have seen an increase in the use of vaporizers among DHS and DMS students.

The district is increasingly concerned about the matter, as many parents are being caught off-guard by their child's use of "vapes." The purpose of this article is to inform you of the issue and give you resources to use if you feel your child is involved in this kind of behavior, as well as alert you to possible repercussions if your child engages in vaping on school property.

### What is vaping?

Vaporizers (aka: e-cigs) are small devices that are used to heat up liquids that turn into vapor and are inhaled by the user. The e-cig itself can come in a variety of styles. Some look like a thick



**Vaporizers can come in a variety of shapes and sizes.**

pen, some look just like a metal cigarette, some like a large thumb drive (known as a Juuling), and some look like a small flask with a round chimney coming off the top.

**See Vaping**  
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# District among nation's best

## New study places Delano in top 3 percent in U.S.

By Paul Downer  
Communications Coordinator

A recent survey has determined that Delano Public Schools ranks among the top 3 percent of school districts in the United States.

The National Council for Home Safety and Security evaluated 9,577 school districts to develop its Best School Districts in America list, and Delano was ranked 345th overall. A total of 26 districts from Minnesota were included in the top 500, and among those Minnesota districts Delano was No. 13.

To compile its rankings, the home security trade association that advocates for safe communities and community involvement used four criteria: student



performance measured by math and reading tests, school funding, poverty rate and dropout rate.

In regard to student performance, the report noted that strong districts can benefit all students, regardless of where they fall on the grade scale.

"Enrolling your child in a school where

students perform well on tests and get good grades will increase his or her own achievement through osmosis," the report noted. "Children and teenagers are highly influenced by their peer groups, and competition between students to achieve top marks can be a very good thing."

The ranking adds to a banner year for Delano Public Schools, which was ranked No. 9 in Minnesota by SchoolDigger.com last August, and which was one of just seven Minnesota school districts honored by The College Board with placement on the 8th Annual AP District Honor Roll in December.

For complete results and further explanation of the methods used in the rankings, see [www.alarms.org/best-school-districts-in-america-2018/](http://www.alarms.org/best-school-districts-in-america-2018/).



## December honors

Delano High School December Students of the Month shown above were Riley Clay (industrial tech), Maddie Meland (math), Juniper Anderson (FACS), Cody Rieder (world languages), Izzy Johnson (social studies), Brock Wuerger (choir), Jaid Necas (COMPASS), Thomas Kenison (health), Cole Schansberg (physical education), William Larson (language arts), Jacob Cassell (business), Caden Link (science), Izabell Krueger (band), Caleb Schrein (art) and Isayas Rodriguez (work program). Triple A Award winners shown at right were Isabelle Hokanson (arts), Sam Stansberry (academics) and Keegan O'Neill (athletics).





# Metals class builds hands-on skills

By Paul Downer  
Communications Coordinator

Shop class students developed hands-on skills while building a trailer in Joe Finn's Advanced Metals course during the second quarter.

Welding, wiring, wheel alignment and more made the trailer project challenging but enjoyable for 19 students in grades nine through 12, though the majority of the class consisted of seniors.

With graduation only a few months away, some of those seniors voiced appreciation for an experience that could help them land a job in the future.

"Nowadays the trades are not as popular as they used to be. Everybody is going to the university. That's fine, but I think there are a lot of opportunities out there for people who want to go into the trades," said senior Cole Schansberg. "Welding, building ... not a lot of younger people are doing that anymore."

When asked if that knowledge would impact his career choice, Schansberg did not hesitate.

"Absolutely," he said. "I think it's something I would enjoy. I like working with my hands. This was probably the perfect opportunity to try something like that. If it's a job you like, you're not going to work a day in your life."

Senior Dan Moonen said that whether or not students are considering a job in the trades after high school, shop class is a valuable experience.

"A lot of seniors already have an idea of what they want to do after high school, so some of us find this a better use of our time than taking something like an extra math course," Moonen said. "It's fun to try to create something rather than turning in paper homework. Am I going to go to work building trailers? Probably not. Did I enjoy learning welding and actually making something as big as a trailer?"



Senior Tanner Glasrud wires a tail light on the trailer constructed by the Advanced Metals class. The project involved welding, wiring, wheel alignment and more.



The trailer was rated to carry 3,500 pounds.

Yeah. Not everybody coming into this class wants to be in manufacturing."

## ***Building the trailer***

Instructor Joe Finn said that while the welding and Advanced Metals course is not new, this year is the first in nearly a decade that a significant number of students have signed up.

This is also the first year that students in the class have constructed a trailer. They purchased a kit of materials, including the wheels and axles, for \$1,200, and took about seven weeks to put it together.

"It's not just construction.

You have to have a little creativity," said Moonen. "Every now and then somebody had a better idea than what the plans showed or what we had thought of before. That made the trailer what it is now."

The trailer is rated to carry 3,500 pounds and was sold shortly after construction finished.

"It's good for them to get real-life applications," said Finn, adding that he often hears people say they wish they would have had more hands-on skills coming out of school. "They can say they made something."

While all the students participated in one form or another, some who excelled in

certain areas took on primary roles when needed. Senior Tanner Glasrud, for example, handled much of the wire-feed welding.

"I work construction over the summer so I know some of this stuff, but I didn't realize how much I would like welding until I actually did it," he said. "At the start I wasn't very good, but I would call myself a pretty good welder now."

Schansberg took the lead in attaching the decking, and said he enjoyed the process overall.

"A lot of us have never wired lights or that kind of thing before, but we're figuring it out as we go. We've been able to adapt," he said. "I think we did a really good job."

Glasrud said the project has given students the confidence and problem-solving skills needed to pursue projects on their own initiative.

"It kind of gives you a sense that you can do this by yourself at home," he said. "That's what we basically did. We looked at plans and built it. I guess it shows us that you can accomplish anything you put your mind to."



# WinterFest chases seasonal doldrums

Students and staff slogging through the latter part of winter had a chance to lighten up with WinterFest Week Feb. 12-16.

Dress-up days included "Get Up and Go," "Greece vs. Grease," "Valentine's Day," "Olympic (Sports) Day," and "Country vs. Country Club."

Activities included a prom fashion show, a blood drive, Olympic events and the "Delano's Got Talent" show to close out the week on Friday afternoon.

A medallion hunt also kept students guessing, with a \$100 cash prize offered as an incentive.

The festivities offered a fun way to enter the three-day President's Day weekend.



## Leaders in January

Delano High School recently named its January Students of the Month in various disciplines. Those honored included Amanda Stafford (art), Jackson Phillips (industrial tech), Ana Blomquist (choir), Adia LaFromboise (world languages), Sean Donohoe (social studies), Charlie Kolstad (language arts), Jennifer Almquist (math), Olivia Jaunich (business), Chloe Kuechle (health), Andrew Palan (physical education), Sam Brown (band), Abby Ohlenkamp (SWAS), Emmett Anderson (work program), Sally Thompson (FACS) and Liliana Schroedl (science). Triple A winners for January included Sarah Anderson (arts), Matt Carson (athletics) and Allyson Erickson (academics).

# Promoting awareness, prevention

## COMPASS class plans day to discuss mental health matters

**By Paul Downer**  
Communications Coordinator

Sometimes talking about a problem can help a person in trouble find peace, and students in the Delano High School COMPASS class are preparing to open the door to that conversation.

The group is organizing its third annual suicide prevention and awareness day, which will be observed on Thursday, March 1.

"Our kids are doing more as far as getting the word out, and people are getting more comfortable talking about mental health in school," said DHS social worker Marie Techam. "A huge part of it is to end the stigma around mental health issues and create awareness about what students can do if they have a friend they're concerned about or if they themselves are having a problem."

In the two previous years the event, which includes speakers and the sharing of information about resources students can access for assistance, has encouraged

a number of students to seek aid for issues they are dealing with.

"I have ended up being really busy that day because we do get kids that come forward and want help," Techam said, adding

**'A huge part of it is to end the stigma around mental health issues.'**

**Marie Techam**

that while there is no particular significance to March 1 it is a time of year when more people tend to end up at the hospital for risk assessments, and the dreary weather may be a factor.

### *Details of the day*

On March 1 this year students from the COMPASS class (which stands for Character, Opportunity, Mentorship, Perseverance, Academics, Service and Success) will make announcements during the day about the signs and symptoms of suicidal

behavior and thinking, where to go for help, and how to help a friend.

In addition, all high school students will hear speakers from the Bounce Back Project, which focuses on resilience, and Txt4Life, which is a resource for mental health assistance that is designed to meet teens where they are at.

Other features of the day include a banner of hope for students to sign, T-shirts for the student body, snacks that come with contact information for trained counselors with Txt4Life and phone centers, and a "We Will" video that talks about things each individual can do to end the stigma surrounding mental health issues. One student has even written a song that may be recorded and played with the video.

"I think this event has continued to get better and better," said Techam. "We'll be putting signs all over the school, what to look for and how to help. The best approach is to talk about it; that's been proven to be the right method."



# Music News

## Concert Choir earns 'superior' rating

The DHS Concert Choir had an exceptional performance at the sectional contest earlier this week. The group earned 107 out of a possible 120 points to secure a "superior" rating, the highest possible in the event.

"The choir did an excellent job. They were very focused and applied all of the skills they'd been working on," said DHS choir director Miriam Augsburger. "The choir also worked with a clinician after their performance. The students did a great job listening to her feedback and were able to immediately adapt and improve their performance. They also asked her for more specific feedback based on some of our choir goals, which shows their high level musical maturity."

Judges complimented the choir members on their "beautiful sound" and "well performed resonant tone quality."



Members of the Delano High School Concert Choir earned a 'superior' rating at a sectional contest on Monday, Feb. 12. The choir followed up that performance with a concert on Thursday evening, Feb. 15.



## Music masters

Five DHS band students were recently chosen to participate in the Wright County Honor Choir. They included Mary Ludwig on flute, Blake Koehler on clarinet, Derek Spencer on trumpet, Nick Kocina on percussion and Owen Daily on alto saxophone (right). Additional information, if available, will be included in future communications.



# One Act Play



## A curious incident

Delano's One Act Play, 'The Curious Incident of the Dog in the Night-Time,' advanced through subsections at Monticello on Jan. 27 to the section finals in Buffalo on Feb. 3. The play tells the story of a young man with autism who discovers that a dog has been killed and attempts to solve the mystery.





## Sports News

# Hart, Shoultz sign letters of intent

By Paul Downer  
Communications Coordinator

Two Delano High School athletes will continue their playing careers in college after signing national letters of intent on Wednesday, Feb. 7.

Tucker Hart, who played both offensive and defensive end, as well as tight end, outside linebacker and long-snapper on the Tiger football team this fall, will play Division II football for Bemidji State University next year. In addition, record-setting Delano quarterback Michael Shoultz plans to continue playing football as a slot receiver for the University of Wisconsin-Eau Claire in Division III.

In addition to football, Hart has played hockey, baseball and lacrosse at Delano. Shoultz has been a three-sport athlete, playing basketball and competing in track and field.

### Tucker Hart

In a brief speech before signing his letter of intent, Hart thanked his parents for their countless hours of dedication in enabling him to play sports, and his brother for always pushing him to improve.

"I'd like to take this opportunity to thank everyone who has helped me out with my athletic career," Hart said, adding that the effort put in by his coaches "means a lot."

As for those who played



Mike Shoultz, left, and Tucker Hart address the audience before signing letters of intent to continue their football careers in college.

alongside him, Hart said he was at a loss for words.

"You guys are unbelievable. These past four years have been crazy, and you're the best teammates," he said.

Coach Mike Shoultz Sr. said Hart was a key member of this year's very successful football team, playing both ways.

"He is an outstanding football player. He could dominate a football game, and at times he did that," Shoultz said. "Bemidji State is going to get a good football player. Division II, that's a big step, and (he has) got the tools to do it."

Shoultz also recalled Hart's encyclopedic knowledge of the team's playbook.

"Sometimes I didn't even know what the play was (called by head coach Merrill Pav-

lovich), and at those times I looked to Tucker," Shoultz said. "Tucker knew every play we ran whether you were an offensive lineman or a running back or quarterback. He always knew. Maybe he has a talent for coaching someday."

### Mike Shoultz

In his address, the younger Shoultz thanked his parents for their constant support, for bringing him to colleges around the Midwest to explore the next step, and for helping him maintain an even disposition between tough losses or great wins.

"I'd like to thank every coach who has ever coached me in any sport," he said. "I'd like to thank every teammate I had over the last four years. I

had the best offensive line for sure, and a great defense. I've been extremely blessed in every sport to have great teammates."

Shoultz, who recorded more passing yards and touchdowns than any other quarterback in Delano history, said he chose Eau Claire because "it fit my liking socially, academically it's a very highly regarded school, and financially it was a no brainer."

"I've been lucky to have the opportunity to work with someone of Mike's caliber, and I think Eau Claire is really going to love having him there as part of their community and their culture," said Shoultz's track and field coach Mitch Rue. "Congrats, Mike. We're proud of you, and best of luck moving forward."

# Wishart reaches new scoring plateau

Senior Calvin Wishart became the first basketball player in Delano High School history to reach 2,000 career points earlier this month.

Entering a game against Holy Family 26 points shy of that plateau, Wishart scored 34 points to establish his own category in the Delano record books.

Wishart had already surpassed the previous record for boys of 1,526 set by Toby Hanson, and



Calvin Wishart

also has claimed the overall points record of 1,846, which was previously held by Cecily Checkal.

Wishart will play Division I basketball for Georgia Southern next fall.

According to the Delano Herald Journal, the top three scorers for boys basketball at DHS include Wishart, Hanson (1,526) and Michael Yahnke (1,257).

Girls leaders include Checkal, Alex Wittinger (1,775) and Bria Barfnecht (1,320).



# Winterfest Week



## Olympic moments

Delano High School celebrated WinterFest Week Feb. 12-16 with a variety of activities, including an Olympic competition on Thursday and a talent show on Friday. Here is a look at some of the Olympic action, including ski races, human curling, a bobsled race and a hockey obstacle course. Students also enjoyed dress up days, a prom fashion show, and more.







## DHS has talent

WinterFest Week concluded with a talent show on Friday afternoon. The show included music, dancing, singing and more.

## Vaping

from Page 1

Most of these devices are small and can easily be hidden in a pocket, sock, backpack, etc. A variety of substances can be used within a vaporizer, but the most popular is nicotine juice (e-juice). The e-juice is marketed in a variety of flavors and can often smell fruity.

Some of the juices used within an e-cig can contain caffeine in addition to the nicotine. Some e-juice does not contain nicotine. Illicit substances such as methamphetamine and marijuana can also be consumed through the use of a vaporizer.

### Effects and penalties

There is varying information available about vaporizers and their effects, which makes this a complicated issue. Despite popular belief, the use of vaporizers is NOT harmless. They are also illegal to use for anyone under the age of 18.

One of the most common misconceptions is that if the e-juice contains zero nicotine it is OK for someone under the age of 18 to purchase, consume and possess it. This is not the case, however, and if a minor gets caught with an e-cig they can be given a tobacco violation, which includes a payable fine.

Students caught possessing or using a vaporizer on school property are held to the same standards as those in place for other tobacco/nicotine products. Minnesota State High School League violations include missed games, and out-of-school suspensions and citations from the Wright County Sheriff's Department are also possible.

### Help available

Delano Public Schools takes the issue of va-

ping very seriously and is genuinely concerned about the health of all of our students.

We have chemical health education and prevention services available for students located in the school. This includes a licensed alcohol and drug counselor who, since 2006, has been providing chemical dependency services in individual and group formats for students who have experienced concerns related to substance use.

These services utilize an S-BIRT model, which includes screening, brief intervention and referral to treatment (if necessary).

Additionally, DHS has begun a tobacco/nicotine group for students who would like to join or for students who have received a tobacco violation. The group meets bi-weekly and its objectives are to provide students with education on tobacco/nicotine, to reduce the likelihood of their use, and to provide support for those who are trying to discontinue tobacco/nicotine use.

If you would like your child to work with the substance use professional or attend the nicotine support group, please contact Marie Techam, high school social worker, at 763-972-3365 ext. 3518 or [marie.techam@delanoschools.org](mailto:marie.techam@delanoschools.org), or Nicole Gohman, middle school social worker, at 763-972-3365 ext. 3110 or [nicole.gohman@delanoschools.org](mailto:nicole.gohman@delanoschools.org).

For additional information on vaporizers, see [https://e-cigarettes.surgeongeneral.gov/documents/SGR\\_ECig\\_ParentTipSheet\\_508.pdf](https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipSheet_508.pdf)

*Dr. Steven Heil, Principal DHS  
Barry Voight, Principal DMS  
Shane Baughman, Assistant Principal DHS  
Steve Schauburger, Assistant Principal DMS  
Marie Techam, DHS School Social Worker  
Nicole Gohman, DMS School Social Worker  
Erin Simonson, BA, LADC, Chemical Health  
Consultant, Delano Public Schools*

# Organics recycling begins

In an ongoing effort to be good stewards of the environment, Delano High School and Delano Middle School began organics recycling this week.

"As a school we should be teaching many different things, and one of those is sustainability in our resources," said DHS Principal Steve Heil, adding that organic recycling has already been implemented at the elementary school. "This is just another step to make sure we're teaching kids to do the right thing environmentally."

**'This is just another step to make sure we're teaching kids to do the right thing environmentally.'**

**Dr. Steve Heil**

Items that can be organically recycled are those that are bio-degradable, such as food scraps. The waste is taken to a facility where natural gas is extracted from the rotting organics, and the compost pile is turned over until the items turn to soil that can be re-used as fertilizer.

Heil guessed that a large proportion of the waste currently generated at the secondary school can be recycled.

"When I talked to other schools they said that if you could get all the recyclables and organic recyclables, that's usually about three quarters of the garbage at a school," he said.

In the first week of organic recycling Heil said students have responded well.

"It's an educational process about what organic recycling is, what regular recycling is and what is garbage," he said.



# Engineering day geared toward girls

Delano High School will host "Introduce a Girl to Engineering Day" from 6 to 9 p.m. on Thursday, Feb. 22.

All girls in grades five through 12 with an interest in science, technology, engineering and math (STEM subjects) are encouraged to attend and enjoy a variety of fun, hands-on projects.

Activities and conversation will help inform students about what engineers do and how STEM fields can be great career choices for women. Students will also have

the opportunity to interact with women engineers who can serve as role models and share about next steps to becoming an engineer.

Participation will build students' self-confidence and critical thinking skills, and there will be plenty of fun for all. Some of the activities include extracting your own DNA, a pulley system challenge, a truss bridge, gumdrop and toothpick structures, the egg drop challenge, a water purification demo, junkbots, mini wa-

ter-jellies, elephant toothpaste and more.

A variety of colleges will also be represented at the event, including St. Cloud Technical and Community College, the University of Minnesota-Duluth, Iowa State University, the University of North Dakota and the University of Wisconsin-Stout.

The event is sponsored by Orange Crush Robotics, Northern Lights Laser and Industrial Louvers, Inc.

## Announcements

### *Trap team plans parent meeting*

Mark your calendars for the Delano Tiger Trap Team parent information meeting at 7 p.m. on Tuesday, Feb. 20, in the high school media center. The league is open to students in grades 6-12, and registration runs from Feb. 20-March 2.

### *Learn about anxiety March 20*

A special presentation about handling anxiety is planned from 6:30 to 8 p.m. on Tuesday, March 20, in the Delano Elementary School multi-purpose room. Parents, educators and anyone who works with children is welcome to attend.

Licensed psychologist and registered play therapist Rob Winkler of Playmore & Prosper will help dispel some of the popular myths regarding anxiety in children, and will share the latest research and information on the topic.

Winkler will also explain the two essential components needed to defeat anxiety, and will offer creative and playful strategies to ease and eliminate anxiety.

Childcare is available during the presentation. To use that service, and to RSVP for the evening, contact [michelle.krueger@delanoschools.org](mailto:michelle.krueger@delanoschools.org).

### *School closing information*

School may be closed for the day, started late or dismissed early due to weather conditions, emergencies, utility outages or other conditions that threaten the health and/or safety of our students and staff.

Families will be notified by the school district's instant parent contact system for emergency school closings.

The following news media outlets will also be notified: WCCO 4 TV, WCCO Radio, KSTP 5 TV, KMSP 9 TV and KARE 11 TV.

Families are encouraged to have a plan in place for their students when emergency closings, late starts or early dismissals occur. Watch for calendar changes and possible make-up days due to school closings communicated via school publications, Skylert parent emails, phone calls, the district website, Facebook and Twitter.

If you would like to receive a text message, you must set this option up in your family access account. Log into your account and on the left, click on Skylert. You can list your phone number under "Text Message Numbers" and check the categories for which you want this option applied. Then click "Save."

### *School rewards program*

Support for a school district can come in many forms, but anyone who wishes to aid the Delano schools through the Coborn's school rewards program should be aware of a change in how the program works this fall. Coborn's is starting its new paperless MORE School Rewards program, which replaces the former Labels for Learning. There are three steps to participate.

1. Designate your preferred school (DHS, DMS or DES) by logging into [moreRewards.com](http://moreRewards.com) or the MORE Rewards mobile app. Click the Rewards tab at the top of the page, then the School Rewards tab.

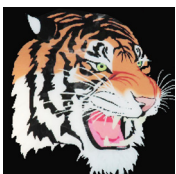
2. Shop Coborn's for the store brands (Food Club, Full Circle, Top Care, Paws, Tippy Toes and more) to earn points for your preferred school.

3. The points your school earns will increase its share of a total available pot of \$150,000 that is distributed among participating schools. The more points a school earns, the larger its piece of the pie will be. See [moreRewards.com/school](http://moreRewards.com/school) for more information.

### *Volunteer at Delano schools*

Whether you have just a few hours a year or several a month, there is no shortage of opportunities to share your skills and interests at Delano Public Schools. Volunteers are invaluable contributors to the success of our students and make a positive impact on the school and community.

Last year volunteers contributed more than 8,000 hours in a variety of roles, such as classroom helpers, site base committee members and chaperones. Not sure what role interests you? Find additional information and descriptions on the Delano Schools website. For more information, or to register as a volunteer, visit [www.delano.k12.mn.us/district/school-services/volun](http://www.delano.k12.mn.us/district/school-services/volun) or call 763.972.3365, ext. 2333.



This e-newsletter is published by District Communications Coordinator Paul Downer. Contact Paul at 763.972.3365, x2111, or [paul.downer@delanoschools.org](mailto:paul.downer@delanoschools.org). Delano High School is located at 700 Elm Avenue E. in Delano. For more information, see [www.delano.k12.mn.us](http://www.delano.k12.mn.us), or find Delano Public Schools on Facebook and Twitter.

